

SCOTTSDALE ENDOSCOPY CENTER

9787 N. 91ST STREET, SUITE 103

SCOTTSDALE, AZ 85258

PHONE: 480-657-0889

FAX: 480-657-9277

POST-PROCEDURE PATIENT INSTRUCTIONS

If you received sedation today:

- **Do not drink alcohol.**
- **Do not drive any motor vehicle or operate dangerous equipment until the day after your procedure.**
- Do not conduct important business or sign any legal documents.
- You may feel nauseated today because of the medications we used during the procedure. If this continues for more than 24 hours, contact your endoscopist's office.
- If you have redness or swelling at the site where the medication was administered, place a warm wet washcloth over the affected area for 20 minutes.
- Begin taking small sips of water and progress to solid food as you feel better.
- Call your endoscopist's office if you develop a fever greater than 101 degrees.
- Please notify your doctor if you have any loose teeth, crowns, or oral appliances.
- In the rare event of any damage to hearing aids, glasses, dental appliances, or teeth, Scottsdale Endoscopy Center cannot be held responsible.

Please follow the printed instructions that will be given to you by your doctor at the end of your procedure.

If you had a colonoscopy today:

- You might notice a few drops of blood on your underwear, or you might see blood on the toilet paper after you use the bathroom. However, if you have increased heavy bleeding or if the bleeding persists for three or more days, contact your endoscopist's office.
- You might feel gas or cramps for a few hours after your procedure. However, if you have severe abdominal pain, contact your endoscopist's office.

If you had an EGD today:

- You may have a mild sore throat or hoarseness after the procedure.
- If you experience any chest or abdominal pain, contact your endoscopist's office.

We strongly encourage you to go straight home after your procedure for your safety.

****FOR ANY FOLLOW-UP QUESTIONS AFTER YOUR PROCEDURE, PLEASE CALL YOUR DOCTOR'S OFFICE****

PRINT PATIENT NAME

DATE SIGNED

PATIENT SIGNATURE

DATE SIGNED

RN SIGNATURE

DATE SIGNED

PLEASE DO NOT BRING VALUABLES IN TO THE PROCEDURE AREA

SCOTTSDALE ENDOSCOPY CENTER IS NOT RESPONSIBLE FOR LOST OR DAMAGED ELECTRONICS OR PERSONAL ITEMS.

PLEASE DO NOT CONSUME ANY LIQUIDS TWO HOURS PRIOR TO YOUR SCHEDULED CHECK-IN TIME.

PARENT SIGNATURE

DATE SIGNED